

# What's on at Gresford Trust?



Start time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning</b>	Playgroup  Laughter Tots 10am	Toddlers  Gresford Craft Group 9.30am	Playgroup  Zumba 9.10am  Exercise with Baby	Playgroup  Pure Stretch 9.30am  MS Pilates 11.30am	Playgroup  Stained Glass Class 9am  Gresford Art Group 10am	Pro-Skill Soccer 9am  Pilates 9.30am	
<b>Afternoon</b>	Rossett Art Group 1pm		St Margaret's Indoor Bowls 1pm  Exercise with Baby	Gresford Retirement Group 2pm  Tae KwonDo Tigers 4.15pm	Advanced Baby Yoga 1.30pm  Street Dance (infants) 3.45pm		
<b>Evening</b>	Zumba 6.30pm  Yoga 7pm	Adult Hoola Fit 6.30pm  Chess Club 7pm (Sept-Apr)  Gresford Craft Group 7.30pm  Pilates 7.30pm	Xsisdance 5pm / 6pm  Legs, Bums and Tums 7pm  Gresford WI 7pm (1 <sup>st</sup> week)  Wrexham Quilting Circle 7pm (2 <sup>nd</sup> week)  N Wales Wildlife Trust 7.30pm (Nov-Apr)	Tae KwonDo 5.00pm / 6pm  Pilates 7pm  IMAGE 7.30pm (3 <sup>rd</sup> Thurs of month)	Street Dance 4.30pm & 5.30pm  Wrexham Birdwatchers (Sept-Apr 1 <sup>st</sup> Friday) 7.30pm		

## Don't forget:

Gresford Athletic FC, Marford & Gresford Albion (under 7's to under 16's) , Gresford Cricket Club (adult and youth), Gresford Tennis Club, Snooker & Bowls.

**Some groups meet once per month. For more information and contact numbers, please see our notice boards and our website, [gresfordtrust.org](http://gresfordtrust.org) or alternatively contact us on 01978 856650.**