

What's on at Gresford Trust?



Start time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning		Gresford Craft Group 9.30am	Pilates 9.30am Exercise with Baby		Pilates 9.30am	Pro-Skill Soccer 9am Pilates 9am	
Afternoon	Children's indoor tennis 5pm		Exercise with Baby St Margaret's indoor bowls 1pm (Oct – Mar)	Gresford Retirement Group 2pm (2 nd & 4th Thursday) Tae KwonDo Tigers 4.15pm	Street Dance (infants) 4pm		
Evening	Zumba 6.30pm Yoga 7pm	Pilates 7.30pm Gresford Craft Group 7.30pm Wrexham Chess Club 7pm (Sept-Apr)	Zumba 6.30pm Pilates 7.30pm Wrexham Quilting Circle (2 nd Wed of month) WI 7.30pm (1 st Wed of month)	Tae KwonDo 5.00pm / 6pm Pilates 7pm IMAGE 7.30pm (3 rd Thurs of month)	Street Dance 5pm & 6pm Wrexham Birdwatchers (Sept- Apr 1 st Friday) 7.00pm		

Don't forget:

Gresford Athletic FC, Marford & Gresford Albion (under 7's to under 16's), Gresford Cricket Club (adult and youth), Gresford Tennis Club, Snooker & Bowls.

Some groups meet once per month. For more information and contact numbers, please see our notice boards and our website, gresfordtrust.org or alternatively contact us on 01978 856650.